

FABIO SANTOS BRAZILIAN JIU-JITSU ACADEMY



619.229.0022

4616 MISSION GORGE PLACE
Suite B
SAN DIEGO, CALIF. 92120
www.fabiojiujitsu.com

PRICES & PACKAGES

Adult Classes

Registration Fee 50.

1 Year Contract

Unlimited classes 140./mo.

Month to Month

Single Class 25.

4 Classes/month 100.

8 Classes/month 140.

Unlimited Classes 170.

Pre Paid Packages

3 Month

12 classes 240.

24 classes 390.

Unltd classes 480.

6 Month

24 classes 450.

48 classes 720.

Unltd classes 900.

12 Month

48 classes 840.

96 classes 1200.

Unltd classes 1320.

Kids & Youth Classes

Registration Fee \$50.

2 - 3 times per week 100./mo.

PRICING EFFECTIVE 7/1/13

Class Schedule

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
evening		morning		morning		evening		evening		morning	
Private Lessons	4:00 - 5:00p	Private Lessons	4:00 - 5:00p	Private Lessons	4:00 - 5:00p	Private Lessons	4:00 - 5:00p	Private Lessons	4:00 - 5:00p	Private Lessons	4:00 - 5:00p
Kids Class	11:00a-12:30p	Kids Class	11:00a-12:30p	Kids Class	11:00a-12:30p	Kids Class	11:00a-12:30p	Kids Class	11:00a-12:30p	Kids Class	9:00 - 10:00a
Adult Class	6:00 - 8:00p	Adult Class	6:00 - 8:00p	Adult Class	6:00 - 8:00p	Adult Class	6:00 - 8:00p	Adult Class	6:00 - 8:00p	Adult Class	11:00a-12:30
Open Mat	6:00 - 8:00p	Open Mat	6:00 - 8:00p	Open Mat	6:00 - 8:00p	Open Mat	6:00 - 8:00p	Open Mat	6:00 - 8:00p	Open Mat	Open Mat

Prices and schedule subject to change.

Dear Fellow Martial Artist or Inquirer:

Thank you for your interest in Brazilian Jiu-Jitsu. The following information is to help answer some questions you may have.

PROF. FABIO SANTOS

- ◆ Native of Rio de Janeiro, Brazil.
- ◆ Red and black belt under the Gracie Family. Trained by the legendary Rolls Gracie and Rickson Gracie.
- ◆ Certified instructor by the Federation of Jiu-Jitsu of Rio de Janeiro, Brazil.
- ◆ Over 30 years of teaching experience.
- ◆ Bachelors degree in Physical Education.
- ◆ Speaks fluent English.
- ◆ One of the most highly qualified Brazilian Jiu-Jitsu instructors in the world.
- ◆ 1996 & 2000 World Jiu-Jitsu Champion,
- ◆ 1996 & 1999 Pan American Champion.
- ◆ 1999 Gameness Champion.
- ◆ 2003 US Open Masters Champion
- ◆ 2004 United Gracie Black Belt Superfight Champion
- ◆ 2005 Black Belt Pro Am Superfight Champion

Professor Fabio Santos teaches only the pure Brazilian Jiu-Jitsu techniques as was created and

taught to him by the Gracies. He is recognized throughout the martial arts world for offering only the finest instruction to his students. He continues to enrich his own techniques by updating his training on a regular basis.

THE ACADEMY

- ◆ Our Academy is conveniently located just one minute off I-8 and the Mission Gorge Road exit.
- ◆ Excellent training in our clean, friendly environment.
- ◆ Visitors are welcome to our Academy, watch a class, or view some Jiu-Jitsu videos.

WHAT IS BJJ?

- ◆ Brazilian Jiu-Jitsu is the only self-defense system that effectively addresses ground fighting.
 - ◇ 95% of all real fights will go into a clinch and eventually end up on the ground.
 - ◇ Ground fighting techniques are the most important, yet most neglected aspect in other fighting styles.
 - ◇ Most martial arts focus primarily on stand up techniques that rely on strength, speed, coordination, and the application of strikes or throws.
- ◆ Brazilian Jiu-Jitsu is based on leverages and simple techniques that will become reflex through repetition.

- ◇ You will learn self-defense, escapes, chokes, arm locks, reversals, street and competition techniques.
 - ◇ Because the techniques do not require strength, a smaller, weaker person can defeat a larger, stronger person.
 - ◇ Many martial artists from the traditional styles are now incorporating Brazilian Jiu-Jitsu into their training.
 - ◇ This specialized style of Jiu-Jitsu has been practiced and perfected in Brazil for over 75 years.
- ◆ Belts in Brazilian Jiu-Jitsu are: white, blue, purple, brown, and black.

If you're interested in learning the most effective martial art system ever developed - then you'll want to start by taking a

FREE Introductory Class.

OTHER INFO

Adult classes are for ages 16 and older. Kids classes are for ages 6 - 15.

Open Mat is for adult students.

For private and semi-private lessons, seminars, and workshops, please ask Shari for more information.

Class prices are on the reverse side of this brochure.